

Race camp held at Churchill

AVON Ski Club have just hosted the South West regions first-ever Head Race Camp at the Mendip Snowsports Centre.

The three-day race camp was run by Phil Brown, ex-GB children's coach, and Hedley Beavis, the new head coach at Avon Ski Club.

Both coaches have a wealth of experience both on artificial surfaces and on snow. Brown has recently moved to the area, having been based with Impulse Racing Academy at the Hemel Snowdome.

Over the three days, the 20 children experienced a mixture of on-slope drills and poles work with dry land training where they were assessed for their fitness levels. Camping was provided overnight, and the camp attracted skiers from the Midlands and from the South West.

The food and facilities at the Mendip centre were excellent and after a great three days, the skiers are hoping another camp will be organised.

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Many thanks also to Eloise Brown, who helped out with the coaching

and to Peter Kennell for the evening's entertainment and supervision, as well as the parents that made it all possible.



Avon Ski Club is running an open day at Churchill's Mendip Snowsport's Centre on July 13, where club skiers will be trying to ski the height of Everest to benefit Snow Camp, a charity for disadvantaged children.

At the same time, everybody can try the new Z bobs, the toboggans, and the new climbing wall, or just enjoy the barbecue and bar. Entry is free to the centre, so come along and have a look.

For enquiries, please email enquiries@avonskiclub.co.uk or call Fraser Black on 07721 594676.